



Kaleidoscope

April 2022

Moiliili Senior Center*2535 South King Street*Honolulu, Hawaii 96826* PH: (808) 955-1555

A program for those 60 years and above, living from Ward Avenue through to Hawaii Kai. This program is partially funded by State funds through the Elderly Affairs Division, Department of Community Services, City and County of Honolulu and the State of Hawaii Executive Office on Aging and administered by Moiliili Community Center. MCC- An Aloha United Way Agency

Welcome Chelsie

Aloha Senior Center Participants,

My name is Chelsie Arume and I am the new Senior Center Director. I am very excited to be here and would like to support you in any way that I can. I will be working part-time until the beginning of June. I will be on-site on Mondays, Wednesdays, and Fridays. However, you may call or email me at any time if you have any questions or concerns. I hope to meet you all very soon!



Sincerely,
Chelsie

Chelsie's Contact Information:

Phone: 955-1555 ext. 130

Cell: 294-4645

Email: chelsiea@moililicc.org

MCC Update

We know that many of you are anxious to come back to the Center and our Executive Director, Nadine, understands this and is making decision that are in the best interest of all of you and MSC staff. Please remember that MCC holds four different programs at the Center (Senior Center Program, Kupuna Support Program, Children and Families Program, and Japanese Language School). Nadine wants to ensure the health and safety of everyone when traveling to and from our Center. Considering the State and City and County lifting the mask mandate and safe travels program, we are monitoring the COVID positive numbers daily. If the numbers keep trending downward, we will be able to re-open. If all goes well with reducing COVID numbers, we may re-open in mid-May.

We are working with the instructors to coordinate class schedules for when we reopen. Please note that some classes may not return right away. We will update everyone on what classes are available once the schedule is finalized.

Because of the COVID-19 pandemic, additional protocols and procedures have been put in place to ensure the safety of everyone. Please follow these safety practices when resuming activities at the Center:

- Temperatures must be taken upon arrival and before leaving for the day to ensure no one has a fever before leaving MCC. [Per the Centers for Disease Control and Prevention (CDC), a fever is read at 100.4. However, to be extra safe, anyone with a temperature over 99.6 should go home.] You can receive temperature checks at the main office or the Senior Center office. Please note: Temperatures may be taken again at random throughout the day; especially if someone feels ill.
- Wear a mask prior to arriving at the Center. (If you cannot wear a mask for medical reasons, a face shield may be provided for use on property; DO NOT take face shields off property. DO NOT share face shields. Face shields will be disinfected after each use).
- Remember to disinfect or wash your hands often throughout the day and especially before and after eating.
- Wash your hands with soap and water for at least 20 seconds before and after eating and after using the restroom.
- DO NOT share food.
- No handshaking or contact with anyone.
- Do not crowd together.
- Please follow the designated red tape for social distancing. If there is no red tape in the immediate area, please use your judgement to ensure social distancing.
- If able, open doors and windows instead of using the air conditioner to allow for ventilation. If you use the air conditioner, please set it at 75oF and refrain from turning on ceiling fans (per CDC).
- After each use, all classrooms will need to be disinfected, chairs, tables, doorknobs, light switches, etc.
- If you travel off island, even if you have been vaccinated, we recommend you stay home for at least three days after you return to ensure you do not have any symptoms of COVID.
- If you feel sick do NOT come in.

Senior Center staff will contact and inform participants when we are able to resume the program. We hope you all continue to take care and stay safe.

New Classes

Seniors of the Moiliili Community Center. I hope everyone is Well and Safe. Anyway, some of you know me. Glen. I have two classes at the center. Card Games and Modified Games (soon to have a name change) and on Zoom Card Games. I'm planning to add a couple of new classes.

Card Deck Bingo or CD Bingo and Friendly Matters. CD Bingo will be on Zoom primarily and a night class. But I'll have the game on my regular Card Games class at the center. My other new class Friendly Matters is a

class where you can relax make new friends and just talk about whatever on your mind and maybe learn something new. Any topic of discussion.

Card Deck Bingo on Zoom Wednesday evenings 7:30pm to 8:10pm. Note: Due to the Corona Virus. No plans to offer prizes at this time. Friendly Matters on Zoom on Monday mornings 11am to 11:40am.

For those who are interested please contact Paula (paulr@moiliilicc.org or (808)955-1555) at the center.

Services - Transportation/Escort:

Program Worker, Sukil Suh, is available from 9:00 a.m. – 2:30 p.m., Monday through Fridays, to assist in transportation/escort service to doctors' appointments, grocery shopping, haircuts, post office and other necessary places. Appointments with Sukil are first come, first served. Please call ahead of time to reserve your transportation needs with Sukil.

Shopping Delivery:

Participants may order groceries from their supermarket and pay on-line on your own or you may contact us to make the order for you if you are comfortable giving us your credit card number for that particular transaction. Please note: We do not retain or keep on file credit card numbers. The information is deleted. Sukil will pick up the goods and deliver them to the members. Please call the senior program for more information.

Note: All services are free. Program worker will not accept tips. Donations to the Moiliili Senior Center are welcomed.

Variety Show

For the fifth consecutive month, 16-year old Riley Yoshio Regan will host a free variety show via Zoom highlighting Hawaii's local talent. The next one-hour show will be **Sunday, April 17, at 1:00 pm.**

When asked why he continues to coordinate a monthly show via Zoom, he said, "Sadly, throughout this pandemic, Hawaii's senior citizens have been isolated in senior living facilities or their homes. With many senior events and shows having been cancelled or postponed, I thought it would be nice to host a free show in honor of Hawaii's kupuna by highlighting the talent we have in our communities across the state.

Those interested in watching the show on April 17 are asked to pre-register by clicking the below zoom link: https://us02web.zoom.us/webinar/register/WN_NgWobnUJRwGBT_h_Q7KFOA.

After registering, registrants will receive a confirmation email containing information about joining the webinar.

Last month's show may be viewed at: <https://youtu.be/JSLCGP8C7vk>

For more information, contact Riley Yoshio Regan at yoshio.regan@gmail.com

The Seniors Farmers' Market Nutrition Program (SFMNP) is designed to provide low-income kūpuna with access to locally-grown fruits, vegetables, honey and herbs.

Every year, Hawaii Foodbank partners with the State of Hawaii Office of Community Services and the U.S. Department of Agriculture, Food and Nutrition Service to organize the Senior Farmers' Market Nutrition Program. Hawaii's SFMNP offers eligible seniors \$50 worth of coupons (10 coupons valued at \$5 each) to obtain eligible foods without charge from participating farmers, farmers' markets and roadside stands that have been approved to accept SFMNP coupons. Through SFMNP, kūpuna are provided with nutritious foods as well as education to emphasize the relationship of proper nutrition to good health.

THE 2022 SFMNP WILL BEGIN IN APRIL 2022.

Applications will be mailed out to previous participants in mid March 2022. If you are new to the program and would like to apply, you can find a link to the application below.

Eligibility Requirements

The eligibility requirements to receive SFMNP benefits are as follows:

- **Age:** Participants must be at least 60 years of age.
- **Income:** Maximum household income of 185% or below of the [US Federal Poverty Guidelines](#).
 - Individual Household – \$27,417
 - Two-Person Household – \$37,074
 - Add \$9,657 per additional household member
- **Residency:** Participants must be a resident of the State of Hawaii and must reside in the county of the service area they apply to.
- **Applicants must be certified to participate each year.** There is a limited number of coupons that are distributed on a first-come, first-served basis.

Original applications should be mailed to:

Hawaii Foodbank
2611 Kilihau St.
Honolulu, HI 96819

For more information and to get an application please visit Hawaii Foodbank at <https://hawaiifoodbank.org/sfmnp/>