



Holoholo!

Hawaiian for “to go out for pleasure”

The news bulletin of the Kupuna Support Program at Mō`ili`ili Community Center • July 2024

Announcements

IMPORTANT COVID-19 UPDATE: We are no longer mandating Kupuna quarantine after travel. They may return to class if they are symptom-free.

MASKS ARE STILL REQUIRED.

Please keep in mind that the following safety protocols will continue to remain in place:

- Masks must always be worn.
- Shared surfaces and spaces will be sanitized after use.
- Please do not come to the center if you feel sick in any way.
- If a kupuna participant feels sick while at the center, their family/caregiver will be notified and will be asked to pick them up early.

The Children and Families Program’s Summer Intersession is from **June 3 to July 26**. Please be aware that the children will be on property during this time.

Just a friendly reminder, if your loved one is not going to attend KSP on their scheduled day, **please inform Delia or Jon before 8:00 am on that day.** This is to ensure we order the correct number of lunches and prepare the correct number of activities. **Please note that if you do not notify staff before 8:00am, you will still be charged the standard rate for that day.**

If you are interested in learning more about our daily activities, a General Daily Activity Schedule can be provided via email. This schedule is subject to change depending on special events/circumstances. Please email Deliab@moililicc.org or call **294-4645**.

Lunch is provided from the Palolo Chinese Home Meals to Go program. Please share any dietary restrictions since Kupuna’s last health update.

Important Dates

MCC will be closed on the following holidays:

Thursday, July 4 – Independence Day

Friday, August 16 – Statehood Day

From the KSP Ohana



June was an event-filled month for KSP!

The kupuna participated in various art projects. Each participant decorated their Aloha lei. Later in the month seedlings from May’s planting began to sprout. Kupuna have enjoyed tending to their flowering plants.

Father’s Day picture frame with tie motif decorated the room, reminding us of how wonderful fathers are.

We have divided our daily fun memory games into three smaller bit-size exercises, helping to keep our Kupuna’s interest.

On Make Music Hawaii Day, the kupuna listened to a performance by the Senior Center's ukulele roundtable students.



Music was followed by card making. Here are some of the thank you cards created by our Kupuna. Notice the vibrant patterns and intricate cut-outs.

Upcoming Events

Moiliili 11th Annual Summer Fest

Saturday, July 6, 2024

5:00pm – 10:00pm, at the Old Varsity Theater Parking Lot.

Enjoy Honolulu's largest bon dance, local food vendors, artisans, retailers, and cultural entertainment! Moiliili Community Center is a partner for this event.

Traditional Okinawan Dance Performance

Wednesday, July 24, 2024

10:30am-11:00am

Room 105.

Senior students will perform for Keiki and Kapuna.

CapTel Representative show and tell (Caption telephones for the Hard of Hearing)

Thursday, June 25, 2024

10:00am – 11:00am

Room 202

Clear phone conversations available at no cost and no contracts.

- Listen and read captions of what's said on every call – incoming and outgoing.
- Integrated answering machine captions your voice messages.

If you struggle to hear over the phone, you can receive a Hamilton captioned telephone at no cost.

Website link: [Https://HamiltonCapTel.com](https://HamiltonCapTel.com)

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Susan Jung (808) 225-4211, Susan.Jung@oeius.org

July is Stay Hydrated Month

Thank you for remembering to drink throughout the day and stay in cool areas.



If you are feeling hot and tired, please get out of the heated area, loosen clothing, have liquids and share with your family how you are feeling, and get rest. If symptoms worsen or do not improve within 30 minutes, seek immediate medical attention. A heat stroke can be life-threatening. We care about your safety.

Contact Us

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