



# Holoholo!

*Hawaiian for "to go out for pleasure"*

Kupuna Support Program news bulletin at Mō`ili`ili Community Center • Oct. 2024

## Announcements

### Aloha, Kupuna 'Ohana!

October is here, bringing exciting activities and delicious treats for our Kupuna! Mark your calendars and join us for upcoming events, including our Rummage Sale and the highly anticipated **Annual Fundraiser this November at JCCH**. Returning after a four-year hiatus, this special fundraiser offers discounts for MCC, MSC, and KSP members. For more details and tickets, please contact the main office at (808) 955-1555.

### MCC's Annual Fundraiser Dinner "Where Great things Happen"

November 9, 5:00pm at JCCH

The annual fundraiser will be returning after 4 years! Special discount for members. Call the main office for more details and tickets (808) 955-1555.



### MCC's Annual Fundraiser Dinner "Where Great things Happen"

November 9, 5:00pm at JCCH

The annual fundraiser will be returning after four years! Special discount for members. Enjoy bidding for beautiful items for auction, entertainment and a delicious dinner. **DEADLINE for reserving your dinner tickets is OCT. 11**. Call main office for more details and tickets (808) 955-1555.



### UH Elder Law Program presents Seminar Free Legal Services for Seniors

Tuesday, October 15, 2024

1:30pm – 2:30pm Rm. 209

Aloha Kakou! Did you know that the University of Hawai'i Elder Law Program offers free legal services to kūpuna, their families and caregivers? If you are over 60 with a low to moderate income and do not own your real property, we can provide you with a simple will and power of attorney at no charge through our free law school elder law clinic. Our law students and legal team can also assist anyone who would like to complete an advance health care directive free of charge. All legal work is supervised by an elder law attorney assisted by law students and staff at the University of Hawai'i Elder Law Program. We would be pleased to help you. You would also be helping us learn how to better assist our older population.

Simply call us at (808) 956-6544 to set up an appointment! UHELP Attorney and Staff James Pietsch, JD, Professor and Director

## CLASS REMINDERS, CHANGES, & UPDATES

### Upcoming Holidays:

Moiliili Community Center will be closed on the following holidays:

- Tuesday, November 5 – Election Day
- Monday, November 11 – Veterans' Day
- Thursday, November 28 – Thanksgiving Day

## September & October Upcoming Events

### Rummage Sale

October 16 - 18, 9:00am – 12:00pm

MCC Garage (limited parking – please

consider off-street parking or carpooling)

Join us for our fantastic Fall/Winter Rummage sale. There will be many lovely hand-made items, clothes for all family members and many unique household decorations.





## Seminar: Medicare Benefits How the Inflation Reduction Act will Impact Medicare in 2025

October 24 10:30am – 11:30am, Rm. 202

Learn about

### Lower Prescription Drug Costs:

- Out-of-pocket costs for Medicare Part D drugs will be capped.
- Some high-cost medications will have negotiated prices.

### Expanded Coverage:

- Increased benefits for preventive services and vaccines.
- Possible addition of new treatments and therapies.

### Improved Cost Transparency:

- Enhanced information on drug prices and treatment options.
- Efforts to simplify billing and reduce unexpected medical costs.

### Increased Support for Low-Income Beneficiaries:

- Additional programs for those with limited incomes.
- Expanded eligibility for financial assistance.

Need Help Understanding the Changes?

*An independent insurance agency (unassociated with MCC, MSC or KSP) is offering guidance and support to ensure understanding the changes and how they impact Medicare coverage.*

**Free Consultation** Ayumi Miyazaki Licensed insurance agent (808) 389-6691

[ayumi@pbchawaii.com](mailto:ayumi@pbchawaii.com)

### Contact Us

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**Mō`ili`ili Community Center**

**2535 South King Street, Honolulu, HI 96826**



**Our beautiful kupuna enjoy their weekly chair exercises with the Moiliili Seniors.** Many thanks to our chair instructors and KSP class aides for providing the best care and ensuring that each session is engaging, safe, and supportive for everyone.