

# Kaleidoscope



November 2014  
Vol. XXV No. 11

Moiliili Senior Center \* 2535 South King Street \* Honolulu, Hawaii 96826 \* PH: 955-1555

A Program for those 60 years old and above, living from Ward Avenue through to Hawaii Kai. This program is partially funded by State funds through the Elderly Affairs Division, Department of Community Services, City and County of Honolulu and the State of Hawaii Executive Office on Aging and administered by Moiliili Community Center. MCC - An Aloha United Way Agency

## SENIOR CENTER NEWS:

**MSC Rummage Sale** - Thank you to all who donated items for our sale. We grossed over \$2,000. The monies go to our operational costs. Special thank yous to all the volunteers who worked so hard to make our sale a success, from the set-up crew, sellers, food preparers, and breakdown crew, we couldn't have done it without all your help.

### FREE KIDNEY SCREENING

Each year, kidney disease kills more Americans than breast and prostate cancer combined. If you have diabetes, high blood pressure, a family history of kidney failure, or are over the age of 60, you are at risk. Give your kidneys a checkup! The National Kidney Foundation of Hawaii is offering a free screening through its KEEP Healthy program. Participants will answer a brief health risk survey and have their height, weight and blood pressure measured. At-risk individuals will have their kidney health checked through a simple, onsite, ACR urine test. A medical professional will review results and provide more information. To register contact Alicia at 589-5903 or [Alicia@kidneyhi.org](mailto:Alicia@kidneyhi.org).

Date: Fri., Nov. 14 Time: 8:30 am - 12:30 pm  
Place: MSC, room 104

**Moiliili Senior Center** is always in search of teachers or group leaders to expand our program. Have a special talent and is willing to teach for the satisfaction of sharing but no monetary compensation? Contact the Senior office, room 203, and "talk story" with staff.

From Japan, Moiliili Senior Center presents...

### *A Performance by the Furusato Sisters*

Friday, November 21 12:15 - 1:00 p.m. room 105  
Join us for an afternoon of entertainment. They are delighted to play good old Japanese songs arranged in various genres for everyone. One sister sings, one sings and plays the piano and the other dances hula.

**ATTENTION Seniors!** When paying by check for your membership, please **DO NOT** include your donation to the Senior Center on the same check. Please write **two** separate checks and note in the "memo" if you are making a donation to the Senior Center or paying for membership. If you are

making a donation to the Community Center, then your membership and donation can be on one check. Reminder - **ALL** checks must be written to: **MOILILI COMMUNITY CENTER**, not the senior center. Mahalo.

### MSC Christmas Craft Sale

Thursday, December 4 & Friday, December 5  
9:00 am - noon, room 209

Get your Christmas shopping done while helping the senior program. Volunteers wanted to help with set up, sales and breakdown. Sign up in the senior office.

**Fire & Lockdown Drills:** MCC holds periodic fire and lockdown drills. Please listen to staff for instructions. Thank you.

### RHYTHM & LIFE CHAIR EXERCISE CLASS

presents

Christmas Program

Friday, December 19, 2014

9:30 - 10:45 am MSC, room 105

Program is open to all. Join in and get into the Christmas spirit.



**Your Kokua**, please. Your help in maintaining the rooms, emptying waste baskets, turning off lights & fans, and reporting problem areas immediately will help in alleviating further problems. Also, your help in maintaining the restrooms is needed, only wash your hands in the sink to avoid any clogging. Mahalo.

**Senior Helpline** phone number 768-7700, for the island of Oahu: They can assist you in finding the resources or information you may need.

**DONATION POLICY:** Donations are welcomed to help balance our budget: \$2.00 suggested per activity, or \$20.00 per month. **REMEMBER**, this is a suggested amount and is a donation, so if you are unable to, don't worry. Subsidy monies are available for those interested in participating and find it difficult to pay; see Director. All Senior Center participants are asked to pay the MCC membership fee of \$25.00 for 2015. For those who may find this difficult, please see Program Director.

**MAHALO! MAHALO! MAHALO! to performers:**

\*Rhythm & Life members at the United Japanese Society of Hawaii's 80<sup>th</sup> Birthday Celebration.

\*RLC Niko Niko Genki Club members at Lanakila Senior Center, Makua Alii, Makiki Christian Church, Magic Island, One Kalakaua, Central Union Church and Kuakini.

**Attention all class participants:** It is **YOUR** responsibility TO CHECK YOURSELF IN THE CLASS ATTENDANCE FOLDER AND CHECK FOR ANY FLYERS OR ANNOUNCEMENTS, which include last minute notices or other information. All participants MUST be registered with the senior office.

**MCC NEWS:**

**NOTICE:** For the safety of MCC patrons, any vehicles coming on to MCC property via the WRONG WAY (through the one way street) will be given a warning. If there is any future infractions, parking privileges will be immediately revoked. Thank you for your cooperation.

**VOLUNTEERS WANTED:** Looking for "responsible", regular volunteers for the Thrift Store, especially for Thursdays, Fridays or Saturdays. If interested, see Bonnie at the Thrift Store.

**A REMINDER:** Sign up for any of the special activities noted, such as seminars, workshops, excursions. Activities may be canceled due to lack of interest or at speaker's request, and only those on the list would be notified. Also, if you have any suggestions or ideas for activities, please submit information to the senior office.

**ACTIVITIES, SPECIAL EVENTS & EXCURSIONS**

- \*Sign up for all excursions, seminars, workshops, special events, etc. in person. NO phone reservations.
- \*Sign up for you and your spouse only.
- \*Call for cancellations. NO REFUNDS for late cancellations.
- \*Payments for excursions due one week prior.
- \*Those needing assistance must bring a companion.
- \*Seminars and workshops are scheduled to provide education and information and do not constitute an endorsement of a product or company by the center.

**CLASSIC MOVIE: "CAPTAIN FROM CASTILE"**  
(1947) (1hr. & 33 min. DVD,)

Starring Tyrone Power & Cesar Romero. The invasion of Mexico by Cortez, as seen by a young Spanish officer fleeing

the Inquisition. **Charlene Yoneda.**

Date: Friday, November 14

Time: 11:15 a.m.

Place: MSC, room 207

Cost: Donation

**MOVIE: "GODZILLA" (2014)**

(2-hrs. & 3-mins., DVD, Action, Sci-Fi, Thriller. Rated PG-13 for intense sequences of destruction, mayhem and creature violence. Filmed in Hawaii.)

Starring Aaron Taylor-Johnson & Elizabeth Olsen. The world's most famous monster is pitted against malevolent creatures who, bolstered by humanity's scientific arrogance, threaten our very existence.

Date: Friday, November 28

Time: 11:15 a.m.

Place: MSC, room 207

Cost: Donation



**CRAFT WORKSHOP: CHIGIRI-E**

The Japanese style of doing a collage picture by tearing washi paper to form. Workshop for all ages and levels. LIMIT: 12.

Date: Sat., Nov. 15 & Dec. 6

Time: 9:00 a.m.

Place: MSC, room 202

Cost: Supplies

**CRAFT WORKSHOP: KUMIHIMO**

Traditional Japanese art of braiding cord; can be used with a pendant or other decorative ways. Beginners learn basic braids; Advanced do own project. LIMIT: 10 per class.

Date: Thursday, January 22(Beg) & January 15(Adv)

Time: 9:00 am Place: MSC, room 209 Cost: Supplies

**CRAFT WORKSHOP: BEADING**

January's beading project is a bracelet. LIMIT: 15

Date: Thursday, January 29

Time: 9:00 a.m.

Place: MSC, room 209

Cost: Supplies

**CRAFT WORKSHOP: ORIGAMI BOX & TSURU CHOPSTICK REST**

MSC's own Kimiko Matsuoka will share her talent and teach you how to make an origami paper box which can be used to put small items inside. She will also teach you how to make a Tsuru Chopstick rest using the chopstick paper wrapper.

Date: Monday, November 17

Time: 10:00 a.m.

Place: MSC, room 102

Cost: Donation

**(UPDATED) CRAFT WORKSHOPS**

with *Haruko Sugitani*

Haruko will be back in Hawaii to offer craft classes for your enjoyment. Great for gift giving. Need to pre-register, room 203; deadline November 7. Class fee: \$22 - MSC; \$25-MCC;

\$30-non-member. Pick up list of supplies to bring when signing up. Cost for material due in cash at start of class. All classes held at MCC, room 202. Please watch for flyers on the bulletin boards for any changes.

**Tsumami Zaiku Kiso I & II** (maru & ken kiso) (round & pointed),

**III & IV**(double round & double pointed fabric flower accessories)

Date: Friday, November 28

Time: I & II - 9:00 - 11:30 am

III & IV - 8:30 - 11:30 am

Supply fee, payable to instructor: \$25 - includes tweezers; \$22 - without tweezers

Create a (I) flower pendent & (II) a butterfly pin with round and double material petals an accessory. Create a (III) a plum flower ring & hair ornament; and (IV) a hair ornament. I to IV must be taken in succession.

**Tsumami Zaiku – Tsuru (Crane)**

Date: Friday, November 28 Time: 1:00 - 3:00 p.m.

Supply fee, payable to instructor: \$25 - includes tweezers; \$22 - without tweezers

the crane is symbolic of longevity. You will create a crane on a pick and decorate a gift box that will be made into a magnet, etc.

**Tsumami Zaiku -- Riisu (Wreath)**

Date: Saturday, November 29 Time: 2:00 - 5:00 p.m.

Limit: 12 students

Supply fee, payable to instructor: \$28 - includes tweezers; \$25 - without tweezers

Using the round and pointed petals, you will create small, medium & large flowers. The large flower can be used as a corsage. Each wreath will be individually created by your artistic sense.

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### **SEMINAR: HMSA AKAMAI ADVANTAGE SENIOR HEALTH PLANS**

Come and learn about the updates and changes for 2015. This seminar will benefit HMSA's existing Akamai Advantage members because you will learn about the changes for the upcoming year and how it may effect you. Presented by Aaron Fukuda, Premier Benefit Consultants.

Date: Thursday, November 6 (room 104)

Friday, November 21 (room 104)

Wednesday, December 3 (room 209)

Time: 10:00 - 11:30 a.m.

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### **SEMINAR: MEDICARE INFORMATIONAL PRESENTATION**

Dallas Kagehiro-King, from premier Benefit Consultants, will do a general, informal, informational and simple presentation on Medicare. If anyone needs further assistance, she will be available to schedule individual

meeting times.

Date: Friday, November 7

Time: 9:00 a.m.

Place: MSC, room 105

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### **SEMINAR: HUMANA**

Questions about Medicare? Get Answers! Open enrollment is the time of year when you can enroll in or change your Medicare plan. Attend this seminar to find out if the Humana Plan can help you. Seminar conducted by Representatives from Financial Benefits Insurance Company.

Date: Monday, November 10 (room 104)

Thursday, December 4 (room 104)

Time: 9:00 a.m.

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### **SEMINAR: CATHOLIC CHARITIES**

Catholic Charities Hawaii (CCH) provides a variety of services for seniors 60 years of age and older. These services include friendly visiting, escort to doctor appointments and shopping by list. CCH has experienced many satisfied seniors as a result of the program. CCH has been successful in enhancing their lives.

Date: Monday, November 17 Time: 9:30 - 10:00 a.m.

Place: MSC, room 105



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### **SEMINAR: DIABETES CARE**

Did you know that 1 in 3 American adults have diabetes or pre-diabetes? Learn from a licensed Registered Nurse on how to manage this increasing disease, and learn how to prevent diabetic emergencies. Diabetes Care is one of many classes presented under Aging in Hawaii, an educational outreach program sponsored by Attention Plus Care.

Date: Tuesday, November 18 Time: 8:30 - 10:30 a.m.

Place: MSC, room 105

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### **SEMINAR: GENWORTH LONG TERM CARE**

What choices are available for you when you need care? What government benefits will cover your long term care? How will you pay for your care? How can you avoid depleting your hard earned assets? Options and strategies will be discussed by Bob Choi, LTC specialist.

Date: Tuesday, November 18 Time: 9:30 a.m.

Place: MSC, room 202

Cost: Donation

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### **FREE MESSAGES**

Rieko Tanaka is offering FREE 10 - 15 minute massages when she is at the center in or by the courtyard. Rieko's mother was a past participant in the program and Rieko would like to "give back" to the seniors by offering massages. Rieko frequently travels. Therefore, her

schedule varies. Some days her schedule will be set but some days if you happen to see her in the courtyard, please feel free to get a massage. We will also post notices on our bulletin boards when she is at the center.

Place: MCC, Courtyard area

Dates: November 14, 17, 18 & 19 Time: 9:00 a.m.

**Free 3-MINUTE MASSAGE** by Sadaji Oi, licensed massage therapist who studied Swedish massage, lomi lomi, and shiatsu. Suggested: \$1/min. after first 3 minutes. Call 599-4237 for an appointment, leave a message. If no appointments are scheduled, Sadaji will not come.

Date: Thursdays Time: 10:30 - noon

Place: MSC, room 303

**HAIRCUTS!** For men and women by Terri Mershon, \$9.00 fee, by appointment only. Call that morning to confirm if Terri is available, she is on-call for filming.

Date: Wednesday, November 12

Time: 9:00 a.m. - noon

Place: MSC, room 102



**HIKE: HAULA LOOP**

An uphill moderate 2.5-mile hike taking us through a Norfolk pine forest. On the way we'll see views of Hauula Valley, the ocean beyond and majestic Kaipapau Valley. **EXPERIENCED HIKERS ONLY. Bring: Backpack (required), 1 1/2 quarts of water, lunch, sun screen, hat, rain gear and mosquito repellent. Wear shoes with tread. \*IMPORTANT: All hikers must have current Doctor's slip noting physically able to endure a 6-mile hike.**

Date: Wed., Nov. 19 Departure Time: 8:30 a.m.

Return Time: 3:00 p.m. Cost: \$5.00 MAXIMUM: 5

**EXCURSION REMINDER: THE BUS FACILITY**

Date: Thur., Nov. 13 Departure Time: 9:00 a.m.

Return Time: 12:20 p.m. Cost: \$4.00 (Trans.)

**EXCURSION: LES MURAKAMI BASEBALL STADIUM**

Come and enjoy a guided tour of the "House that Les built," formerly known as Rainbow Stadium (1984-2002).

Our wishes to our *November* birthday participants.

- AIMOTO, KIYOKO
BURTON, DIANE
CASART, CHARLOTTE
DAVIS, JANET
FUJITA, CHARLOTTE
HANATANI, DENNIS
HIDA, NAGAKO
HIJIRIDA, BEATRICE
HIRATA, JAN
ICHIYAMA, LORRAINE



- INOUE, MIHOKO
INOUE, DIANE
KANESHIRO, FAITHYE
KASAHARA, NORIKO
KIHARA, KIKUE
KIKUYA, GRACE
KOIKE, BETTY
KONDO, KAREN
MATAYOSHI, MARGIE
MIZOKAWA, JANE



Experience the atmosphere of the stadium as we walk through the lobby and even peek in the press club, where sports analysts write about the game. Then, later, walk around the field with Diamond Head and Waikiki in the background. Lunch on your own at Manoa Marketplace. MAXIMUM: 14.

Date: Wed., Nov. 26

Departure Time: 9:10 a.m.

Return time: 12:20 p.m.

Cost: \$3.00 (Trans)

**CLASS/ACTIVITY ANNOUNCEMENTS: Sign up Senior Office, rm. 203**

**Ribbon/Crochet Lei Making** with Coryn Tanaka. Begins 10/25, 10 weeks, Fridays, 9:30 am - 12 noon, room 102. Bring sharp pair of scissors, container, and ballpoint pen. Supplies payable to instructor. Cost: \$20 - MSC seniors; \$30 - MCC members; \$35 - Non-members.

**Adult Hula Auana** with Kumu Hula April Chock. Began 10/18, 10 weeks, Saturdays, 9:30 am - 11 am, room 105. Learn modern hula. Wear loose clothing. Cost: \$20 - MSC seniors; \$35 - MCC members; \$40 - Non-members.

**Specialized Aerobics** with Faye Fukuhara. Mondays, 5:30 pm - 6:30 pm, room 305, 10-week session began 9/15. Next session begins 12/1. Excellent class for all ages, focuses on cardio exercise, muscle tone, range of motion, warm-ups, floor exercise, & cool downs. Bring towel/water. Cost: \$30 - MSC & MCC members; \$40 - Non-members.

**Japanese/Okinawan Doll Making, Oshie & Kimekomi** with Masako Ogawa. 6-week class began Saturday, October 11, 9:30 am - noon and Wednesday, October 15, 10 am - 12:30 pm room 207-8. An impressive array of projects to choose from. Bring: pins & scissors. Supplies/kit payable to instructor the first day of class. Class Cost: \$35 - MSC seniors; \$40 - MCC member; \$45- Non-member. Need to pre-register.

**COMMUNITY ANNOUNCEMENTS:**

**2014 MAYOR'S CRAFT & COUNTRY FAIR**, Saturday, November 22, NBC, Exhibition Hall, 9 am - 2 pm. DPR senior clubs and other organizations will be selling their crafts, plants, etc. to benefit their groups. Admission is FREE. MSC will be selling crafts. **Fusako Akita.**

Attention: If you find your name in bold print, in this newsletter, come to the senior office.



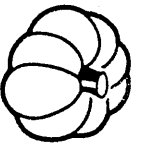
- MURAKAMI, STANLEY
MURATA, ROBERT
NAKAGAWA, DEANNA
NISHIMURA, JUNE
OKAZAKI, JEANETTE
OTSUKA, TOMOYO JANE
PA, SOLOMON
PANG-PRESCOTT, FLORENCE
RICHARDSON, TOSHIKO
ROMANO, VICTORIA
SAITO, CAY
SATO, KICHI



- SHIGAKI, ALICE
SHISHIDO, KEIKO
SNYDER, TSUKIKO
SUEN, LINDY
TAKAHASHI, MURIEL
TOYOTA, GLADYS
UCHIDA, FRANCES
WONG, SHIZU
YANAGA, GRACE
YOKOMICHI, DOROTHY
YONEDA, CHARLENE
YUN, JULIANA



**Moliliili Senior Center  
Schedule of Special Events  
November 2014**




*Days to remember in November:*

2 - Daylight Savings End

4 - Election Day - CENTER CLOSED.


11 - Veterans Day - CENTER CLOSED  
27 - Thanksgiving Day - CENTER CLOSED.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	3	4	5	6	7	8	
Seminar: Humana 9 am Rm 104	<b>HOLIDAY!</b> Election Day Center Closed.	<b>HOLIDAY!</b> Veterans Day Center Closed.	Haircuts 9 am Rm 102	Seminar: HMSA Akamai Advantage Senior Health Plans 10 - 11:30 am Rm 104	Seminar: Medicare Informational Presentation 9 - 9:30 am Rm 105	FREE Kidney Screening Rm 104 8:30 am - 12:30 pm Classic Movie: "Captain from Castile"	Craft: Chigiri-e 9 am Rm 202
9	10	11	12	13	14	15	
Seminar: Catholic Charities 9:30 - 10 am Rm 105	Blood Pressure Reading 8 am	Seminar: Diabetes Care 8:30 - 10:30 am	Hike: Hauula Loop 8:30 am	Excursion: The Bus Facility 9 am Chair Massage 10:30 - noon Rm 303	Seminar: HMSA Akamai Advantage Senior Health Plans 10 - 11:30 am Rm 104	"Captain from Castile"	Mayor's Craft & Country Fair NBC, Exhibition Hall 9 am - 2 pm
16	17	18	19	20	21	22	
Craft Workshop: Origami Box & Tsuru Chopstick Rest 10 am Rm 102	Seminar: Genworth Long Term Care 9:30 am Rm 202				Craft: Tsumami Zaiku Kiso I & II Craft: Tsumami Zaiku III & IV Craft: Tsumami Zaiku Tsuru (Crane)	Performance: Furusato Sisters 12:15 - 1 pm Rm 105	Craft: Tsumami Zaiku Riisu (Wreath) 2 - 5 pm Rm 202
23	24	25	26	27	28	29	
			Excursion: Les Murakami Baseball Stadium 9:10 am	<b>HOLIDAY!</b> Thanksgiving Day Center Closed.	Movie: "Godzilla" 11:15 am Rm 207		
30	❖ Diabetic Eye Disease Month ❖ Alzheimer's Awareness Month ❖ Diabetes Awareness Month ❖ Hospice Month ❖						



# Moliiili Senior Center Class Schedule November 2014



Monday	Tuesday	Wednesday	Thursday	Friday
7:30-1:00 Mah-Jongg (Room 207-8)	7:30-10:30 Seedcraft (Room 209)	8:00-9:00 Fall Prevention (Room 105)	7:30-1:00 Mah-Jongg (Room 207-8)	8:00-9:00 Ki-Coord. (Room 305)
8:00-9:00 Beg. Tai Chi (Room 305)	8:00-9:00 Ki-Coord. (Room 305)	8:00-9:30 Minyo Singing (Room 207)	7:30-8:30 Yoga (Studio)	8:30-10:30 Hanafuda (Room 209)
8:30-11:00 *Conv. Eng. (Beg/Int)(Rm 202)	8:00-9:00 Blood Pressure (Room 102)	8:30-11:00 *Conv. Eng. (Beg/Int)(Rm 202)	8:00-9:00 Ukulele (Beg) (Room 105)	9:00-11:00 Painting (Room 207-8)
9:00-12:00 Haw'n Quilt: Bee (Rm 209)	8:00 - 9:30 Beginner's Line Dancing I (Weinberg)	9:00-11:00 Shodo (Room 104)	9:00-11:00 Conversational Japanese (Room 202)	9:00-10:00 Tai Chi for Arthritis (Weinberg)
9:00-10:00 Tai Chi (108) (Room 305)	FULL (Weinberg)	9:00-10:00 Tai Chi(108) (Room 305)	9:00-10:30 Rhythm & Life (Int. III)	9:30-12:00 +Ribbon/Croch. (Weinberg)
9:00-10:00 Tai Chi for Arthritis (Weinberg)	8:30-10:30 Crochet (Room 207-8)	9:15-10:00 Group Singing (Weinberg)	9:00-10:30 Rhythm & Life (Room 305)	Begins 10/25 (Room 102)
10:00-10:30 R&L Chair Exer. (Room 105)	10:45-11:45 Soroban (Room 209)	9:15-10:30 Minyo Danc(Beg) (Room 105)	Closed (Room 305)	10:00-10:30 R&L Chair Exer (Room 105)
10:30-11:30 Qi Gong/ Self Massage (Weinberg)	10:00-11:15 Okinawan Dnc. (Weinberg)	9:30-11:30 *Sumie (Room 209)	12:00 - 2:30 *Citizenship Starts 1/27/1 (Room 202)	10:00-11:00 Solo Ukulele I (Room 202)
Began 7/7 (Weinberg)	12:00 - 2:30 *Citizenship Starts 1/27/15 (Room 202)	10:15-11:45 Beginner's Line Dancing II (Weinberg)	1:00-2:30 Line Dancing (Room 105)	11:15-12:15 Dahn Yoga (Weinberg)
5:30 - 6:30 +Spec. Aerobics Began 9/15 (Room 305)	12:00-1:30 Karaoke (Room 209)	10:00-12:30 +Jpns/Okwn Doll Making & Oshie (Room 207-8)	Reminder: No class the last Thur. of the month.	11:15-12:15 Solo Ukulele II (Room 202)
+ Tuition based classes. Walk-in fee \$5.	12:00-1:30 Kenbu Senbu Shigin (Room 207)	11:00-12:30 Rhythm & Life (Beg.) (Room 305)	<b>Happy Thanksgiving!</b>	12:00-1:30 Rhythm & Life (Beg. I) (Room 305)
*DOE classes are provided by McKinley Community School for Adults. Citizenship & English Classes - \$20 enrollment fee. Additional fees applied to new English class students. Sumie - \$60.		Began 4/2 (Room 305)	<i>"Kaleidoscope" is published monthly. Written/edited by the se- nior staff. Director - Paula Regidor, Program Staff - Henry Asari, Raena Akase &amp; Henry Asari.</i>	Saturday 9:30 - 11:00 +Adult Hula Auana Began 10/18 (Room 105)
		12:00 - 2:00 Roy Otake Karaoke Ohana (Room 209)		9:30 - 12:00 +Jpns/Okwn Doll Making & Oshie (Room 207-8)
		1:00 - 3:00 Kitsuke (Weinberg)		

**"NITE OF THE LIVING WILL" OR WHO WILL DECIDE FOR YOU?** Wed., Nov. 5, noon, UH Law Library, 2515 Dole St. Consider the question: if you don't decide for yourself then who will decide for you? The UH Elder Law Program will let you know what's new and what's changed in advance health care directives and all about the new Providers Orders for Life-Sustaining Treatment document (POLST). Call 956-6544 to save a seat. Parking \$5.

**ANNUAL THANKSGIVING DINNER**, November 27, 2014, NBC, Exhibition Hall, 11:00 am - 1:00 pm. Sponsored by the Salvation Army.

Everyone is welcome! Entertainment will begin at 11:00 a.m. Tickets available in the senior office.

**"CHRISTMAS IN HONOLULU"** Craft Fair, Tuesday, December 2, JCCB Ballroom, 5 - 8:30 pm, FREE admission. MSC will be selling.

**11<sup>TH</sup> ANNUAL COMMUNITY CLEAN-UP**, Kaimuki High School, Saturday, November 22, 2014, 9 am - 1 pm. Benefits Kaimuki High School, Moliiili Community Center & Kapahulu Center. For a complete list of acceptable items, check the bulletin boards. For curbside pick-ups, call Steve Uyeno @ 768-5057.