

November 2016 Vol. XXVII No. 11

Moiliili Senior Center * 2535 South King Street * Honolulu, Hawaii 96826 * PH: 955-1555

A Program for those 60 years old and above, living from Ward Avenue through to Hawaii Kai. This program is partially funded by State funds through the Elderly Affairs Division, Department of Community Services, City and County of Honolulu and the State of Hawaii Executive Office on Aging and administered by Moiliili Community Center.

MCC - An Aloha United Way Agency

SENIOR CENTER NEWS:

Thank you to everyone who supported our rummage sale, from the volunteers to the buyers. We made \$1700. Thank you to all who donated items for the sale. We could not have been so successful without your generous donations.

> Exercise Workshop: R&L Chair Exercise With Kikuchi Taiso

> > Friday, November 4 9:00 a.m. - 11:30 a.m. MSC, room 305

First time in Hawaii! R&L Chair Exercise teachers have invited "Kikuchi Taiso" Japanese Exercise teachers from Japan to hold a 1-day exercise class. Everyone is invited to participate. If you have any questions, Call Faye Murata at 735-1323.

KAHALA MALL presents... "THE VERY MERRY EVENT (VME)".

An exciting weekend event full of in-store specials and savings, to be held on Friday, December 2-Sunday, December 4. This event is an opportunity for local non-profit, community group, school and sports team to raise money by selling \$5 tickets to Kahala Mall's VME. The Moilili Community Center's Senior Center is participating in this very exciting opportunity. 100% of the proceeds will directly benefit our Center.

From 12/2 - 12/4, **only** VME ticket holders will receive exclusive discounts for holiday shopping, gift with purchases, and have a chance to win one of two (2) \$50 Kahala Mall gift cards and the grand prize of one-night in a scenic view room at The Kahala Hotel and Resort plus a buffet breakfast for two at the Plumeria Beach House.

Please help support our **Senior Center Program** by buying one or more tickets for the Kahala Mall VME. Last day of ticket sales will be Nov. 25. For complete details regarding participating stores and the discounts offered, stop by the senior office in room 203.

ARE YOU INTERESTED IN TAKING A CONVERSA-TIONAL ENGLISH CLASS OR DO YOU KNOW OF SOMEONE WHO IS? We may possibly have a volunteer to teach English but she would like to know what you would like to learn: Conversational English, reading, writing, etc. If interested, see program staff in the senior office.

VOLUNTEER WANTED: We are looking for a volunteer

to handle our telephone reassurance calls on Wednesday & Friday mornings from 7:45 - 9:00 a.m. If interested, please inquire in the senior office.

Collectibles & Holiday Craft Fair

Thursday, December 8
9:00 a.m - noon
MSC, Room 209
Get your Christmas shopping done while

supporting the senior program.

Thank you all for your continued participation in our Senior Center Program. We continue to partnership with the Moiliili Community Center (MCC), as we are one program under MCC. Please become members of the Community Center. The annual membership fee is \$30.00 for a calendar year. Your participation as MCC members help support our endeavors to continue to offer classes, activities and services. For MCC members, there is a new benefit: One Plus One Drive Inn will offer a 10% discount on a purchase of \$5 or more and Subway - Moiliili will offer a 10% discount on any sandwich/salad. Some exclusions apply to both places. Just show your 2016 MCC Membership Card to receive your savings. Offers are valid through the end of this year. Mahalo for your support of the Senior Center and the Community Center.

Rhythm & Life Chair Class
presents
Christmas Program
Monday, December 12, 2016
9:30 a.m. - 10:30 a.m. MSC, room 105
Program is open to all. Join us and get

Senior Helpline phone number 768-7700, for the island of Oahu: They can assist you in finding the resources or information you may need.

into the Christmas spirit.

New piece for the newsletter! We are listening to you. Per your suggestion, we would like to start a "SUPER SENIOR" section in our newsletter. If you know of a senior who you think is "SUPER", fill out our nomination form and with the consent of the senior, we will feature the person in "Kaleidoscope". Forms are available in class attendance folders and in the senior office.

"SUPER SENIOR"

MARGIE MATAYOSHI submitted by anonymous Margie has been a long time member of Moiliili Senior Center. She remains active taking line dancing and group singing. She is a wonderful, sweet person and has a good sense of humor. Margie is an inspiration for me.

MARGIE MATAYOSHI submitted by anonymous Margie is in my chorus and line dance classes and she always brightens the morning with her radiant smile. She is such a nice and friendly person; someone to be admired.

MOILIILI SENIOR CENTER WISH LIST:

Volunteer instructors for the following:
 Educational classes/workshops
 Japanese language
 Painting

To all our members who use the Weinberg studio for classes: PLEASE do not touch any of the articles that are stored in back, in the elevator and by the bathrooms downstairs. These are for the Thrift Store to sort, price and sell.

Moiliili Senior Center is always in search of teachers or group leaders to expand our program. Do you have a special talent and willing to teach for the satisfaction of sharing but without monetary compensation? Contact the Senior office, room 203, and "talk story" with staff.

ATTENTION Seniors! When paying by check for your membership, please DO NOT include your donation to the Senior Center on the same check. Please write two separate checks and note in the "memo" if you are making a donation to the Senior Center or paying for membership. If you are making a donation to the Community Center, then your membership and donation can be on one check. Reminder-ALL checks must be written to: MOILIILI COMMUNITY CENTER, not the senior center. Returned checks will be assessed a \$25.00 fee. Mahalo.

Fire & Lockdown Drills: MCC will hold periodic fire and lockdown drills. Please listen to staff for instructions. Thank you.

Your Kokua, please. Your help in maintaining the rooms, emptying waste baskets, turning off lights & fans, and reporting problem areas immediately will help in alleviating further problems. Also, your help in maintaining the restrooms is needed. Only wash your hands in the sink to avoid any clogging. Mahalo.

DONATION POLICY: Donations are welcomed to

help balance our budget: \$2.00 suggested per activity, or \$20.00 per month. REMEMBER, this is a suggested amount and is a donation, so if you are unable to, don't worry. Subsidy monies are available for those interested in participating and find it difficult to pay; see Director. All Senior Center participants are asked to pay the MCC membership fee of \$30.00 for 2016.

MAHALO! MAHALO! MAHALO! to performers:

- *Karaoke Ohana members at Central Union Church
- *Shiyukai members at Maunalani Nursing Home

Attention all class participants: It is YOUR responsibility TO CHECK YOURSELF IN THE CLASS ATTENDANCE FOLDER AND CHECK FOR ANY FLIERS OR ANNOUNCEMENTS, which include last minute notices or other information. All participants MUST be registered with the senior office.

MCC NEWS:

MCC is very fortunate to have been selected by Terri Kamakana, Manager or Kuni Island Fabrics, for a fundraising program referred to as "Ninth Row." Basically, customers purchase a "Ninth Row Kit" of fabric with a selected design for \$15 and MCC will receive \$7 for each kit sold. Terri has set up a table with kits specifically for MCC in the store. Please pass this information along to your family and friends to help support our programs at MCC.

VOLUNTEERS WANTED: Looking for "responsible", regular volunteers for the Thrift Store, especially for Thursdays, Fridays or Saturdays. If interested, see Bonnie at the Thrift Store.

A REMINDER: Sign up for any of the special activities noted, such as seminars, workshops, excursions. Activities may be canceled due to lack of interest or at speaker's request, and only those on the list would be notified. Also, if you have any suggestions or ideas for activities, please submit information to the senior office.

ACTIVITIES, SPECIAL EVENTS & EXCURSIONS

- *Sign up for all excursions, seminars, workshops, special events, etc. in person. NO phone reservations.
- *Sign up for you and your spouse only.
- *Call for cancellations. NO REFUNDS for late cancellations.
- *Payments for excursions due one week prior.
- *Those needing assistance must bring a companion.
- *Seminars and workshops are scheduled to provide education and information and do not constitute an endorsement of a product or company by the center.

MOVIE: "THE LEGEND OF TARZAN" (2016)

(1-hr. & 50-min., DVD, Action, Adventure, Drama, Romance. Rated PG-13 - for sequences of action and violence, some sensuality and brief rude dialogue.)

Starring Alexander Skarsgard & Samuel L. Jackson. Tarzan, having acclimated to life in London, is called back to his former home in the jungle to investigate the activities at a mining encampment.

Date: Friday, November 18 Time: 11:00 a.m.
Place: MSC, room 202 Cost: Donation

CRAFT WORKSHOP: CHIGIRI-E

The Japanese style of doing a collage picture by tearing washi paper to form. Workshop for all ages and levels. LIMIT: 12. Date: Saturday, Nov. 5 & Dec. 3 Time: 9:00 a.m. Place: MSC, room 202 Cost: Supplies

CRAFT WORKSHOP: KUMIHIMO

Traditional Japanese art of braiding cord; can be used with a pendant or other decorative ways. Beginners learn basic braids; Advanced do own project. LIMIT: 10 per class.

Date: Thursday, Nov.3(Adv) & Nov.10 (Beg)

Time: 9:00 a.m.

Place: MSC, room 209 Cost: Supplies

CRAFT WORKSHOP: CREATIONS BY AMY

This month's projects are eyeglass holders/lanyards/key holders. Samples available in the senior office. Instructor: Amy Toba.

Date: Thursday, November 17 Time: 9:00 a.m. Place: MSC, room 209 Cost: Supplies

ACUPUNCTURE by Heijiro Ikeda

Originally from China, acupuncture is currently practiced all around the world. Heijiro Ikeda graciously volunteers his time to help our seniors. This is your chance to see if acupuncture can help you. Sign up for an appointment. Anybody late for an appointment may not be seen by Heijiro. Please call if you need to cancel your appointment. Due to circumstances beyond his control. Heijiro's last day will be November 15. We would like to thank him for his time and kindness he has given to the seniors. We wish him well.

Date: Tuesdays Time: 9:00 - 11:00 a.m.
Place: MSC, room 207 Cost: Donation

SEMINAR: UNITED HEALTH CARE

David Bennett from SeniorHealth.Pro will lead a group presentation about Medicare and the plan choices available to you. Bring: Questions; Medicare ID card; and other health care coverage documents to help you compare your choices.

Date: Friday, November 4 Time: 10:00 a.m.

Place: MSC, room 104

SEMINAR: HUMANA / UNITED HEALTH CARE

Questions about Humana and/or United Health Care. Get answers! Open enrollment is the time of the year when you can enroll in or change your Medicare plan. Attend a seminar and find out if one of these plans can help you. Seminars conducted by representatives from Financial Benefits Insurance Company.

Date: Wednesday, November 9, 23 & 30

Time: 9:00 a.m. - HUMANA

Time: 11:00 a.m. - UNITED HEALTH CARE

Place: MSC, room 104

SEMINAR: ENERGY SAVING TIPS & REBATES

Tony Kawal, from Hawaii Energy, will educate us on energy saving tips at home and current rebates available from the Hawaii Energy program.

Date: Tuesday, November 15 Time: 9:30 a.m.
Place: MSC, room 105 Cost: Donation

SEMINAR: HMSA ADVANTAGE

Dennis Vanairsdale, consultant from Premier Benefit Consultants, will give you information on HMSA's Advantage health insurance plan.

Date: Tuesday, November 15 Time: 9:30 a.m.

Place: MSC, room 202

SEMINAR: HOLIDAY SAFETY

Christine Louie, RS-77757, from Coldwell Bankers, along with a Honolulu police officer will be presenting holiday home and personal safety tips for you to be safe during the holidays. Please sign up so we know how many people will attend.

Date: Thursday, November 17 Time: 9:30 a.m.
Place: MSC, room 105 Cost: Donation

SEMINAR: THANKSGIVING REFLECTION & ART

November is a time of reflection and, more than turkey, Thanksgiving. Anne Chipchase from Ohana Health Plan is going to lead a session on what we are grateful for, while participants each create a unique piece of art representing what the individual is most thankful for this year. Join us for a fun time!

Date: Friday, November 18 Time: 9:15 a.m. Place: MSC, room 105 Cost: Donation

SCREENING: MEDICATION REVIEW

Bring your medication and supplements and find out when the best time to take them are to get the best results. Reviews will be conducted by Walgreen's Pharmacists. They will also be offering blood pressure readings.

Date: Monday, November 21 Time: 9:00 - 10:00 a.m.

Place: MSC, room 105

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SEMINAR: ARTHRITIS DISEASE

Attention Plus Care will be hosting their final Aging in Hawaii class for 2016 on Arthritis Disease. Attendees will learn about Arthritis from Attention Plus Care RN, Margie Gentilella and important steps to take to live safely at home with those living with the disease. Special guest speaker, Clint Evans a long time Thai Chi instructor and certified with the Arthritis Foundation will discuss and lead the group on fitness and exercise. For more information, please call Aileen Parco at Attention Plus Care direct at 440-9377.

Date: Tuesday, November 22 T

Time: 9:00a.m.

Place: MSC, room 105

EXCURSION: ALOHA SWAP MEET

By request, we will spend the morning shopping at the Aloha Swap Meet at the stadium. This is your chance to find Christmas gifts at bargain prices. Lunch on your own at Moanalua 99 (formerly 99 Ranch Market). Limit: 13

Date: Wednesday, Nov. 16 Return Time: 12:30 p.m. Departure Time: 8:15 a.m.

Cost: \$4.00 Donation

CLASS/ACTIVITY ANNOUNCEMENTS:

Sign up Senior Office, rm. 203

*Zenidaiko, Thursdays, 2:30 - 3:30 p.m., Weinberg Studio. Class began February 4. Zenidaiko is Japanese folk dancing with sticks. More students welcome. Inst: Mieko Sato.

*Zumba/Piyo, Tuesdays, 11:30 a.m.-1:00 p.m., Weinberg Studio. Zumba Class began September 15. Grace is adding on PIYO which is Pilates and Yoga combined. PIYO will be from 12:30-1:00 p.m. A great combination of fun and fitness as you dance your way to a healthier you. Instructor: Grace Hada. Accepting more students.

*Adult Hula Auana with Kumu Hula April Chock. Begins 11/26, 10 weeks, Saturdays, 9:30 am - 11 am, room 105. Learn modern hula. Wear loose clothing. Cost: \$20 - MSC seniors; \$35 - MCC members.

*Japanese/Okinawan Doll Making, Oshie & Kimekomi with Masako Ogawa. 6-week class will begin in November. Call in November for exact dates. 6-week class, Saturday, 9:30 am - noon and Wednesday, 10 am - 12:30 pm, room 207-8. An impressive array of projects to choose from. Bring: pins & scissors. Supplies/kit payable to instructor the first day of class. Class Cost: \$35 - MSC seniors; \$40 - MCC member. Need to pre-register.

*Ribbon/Crochet Lei Making with Coryn Tanaka. Began 9/30, 10

weeks, Fridays, 9:30 am - 12 noon, room 102. Bring sharp pair of scissors, container, and ballpoint pen. Supplies payable to instructor. New students must register before the session starts. Cost: \$20 - MSC seniors; \$30 - MCC members.

*Specialized Aerobics with Faye Fukuhara. Mondays, 5:30 - 6:30 p.m., room 305, 10-week session began Monday, 10/3. Excellent class for all ages, focuses on cardio exercise, muscle tone, range of motion, warm-ups and floor exercise and cool downs. Bring towel & water. Cost: \$30 - MSC & MCC members.

*Solo Ukulele I & II; Classes begin Friday, January 13, 2017, room 202. SUI - 11:00 - 12 pm; SUII (must complete SUI and instructor must approve advancement.) - 9:30 - 10:45 am. Inst: Allen Tanabe. Learn to read music and play the melody. Must have own ukulele & dedication to practice. Cost: \$20 for textbook & \$10 is due at the beginning of the course to cover the cost of music notes, music sheets and additional study materials. Other optional fees will be announced if the need arises. See information sheet for required materials. Minimum of 3 students to start the SUI class.

*Citizenship Class with Mitzi Moore. Tuesdays & Thursdays, noon - 2:30 a.m., room 209, 6-week session. Begins in January 24, 2017. Class is geared for those applying for U.S. Citizenship.

CLASS REMINDER: Do not enter the classroom until the previous class has vacated. Those in class, gather your belongings & exit quickly to allow for the next class to set up. Visit with friends outside, not in the classroom.

LANAKILA MEALS-ON-WHEELS AT MCC

LMOW serves hot and nutritious meals at the Center Mondays through Fridays, at 11:00 a.m. There is no charge for meals. Participants are given an opportunity to make a donation to the program and all contributions are used to support Lanakila Meals on Wheels program. Participants must be registered and members of the Moiliili Community Center. To register for this program, see Gerath in room 105.

COMMUNITY ANNOUNCEMENTS:

35th TEMARI TRASH & TREASURE FAIR, Sunday, November 6, JCCH, Manoa Grand Ballroom, 5th Floor. 8-9 am - Only TEMARI and JCCH members, 9 am - 2 pm - Open to the General Public. FREE Admission. MSC will have a booth.

Our wishes to our November birthday participants.

AIMOTO, KIYOKO
AKIONA, SHIRLEY
BURTON, DIANE
CASTRO, MAY
DAVIS, JANET
FUJITA, CHARLOTTE
GEUM, SEOJEONG
HANATANI, DENNIS
HIJIRIDA, BEATRICE
HIRATA, JAN
ICHIYAMA, LORRAINE
IGAWA, DENNIS
INOUE, MIHOKO

INOUYE, DIANE
KAMANA, VERNA
KANESHIRO, FAITHYE
KASAHARA, NORIKO
KASHIWAI, ALICE
KAZUSA, FRANCES
KIKUYA, GRACE
KOIKE, BETTY
KONDO, KAREN
MATAYOSHI, MARGIE
MORIKAWA, MILDRED
MURAKAMI, STANLEY
MURATA, ROBERT

NAKAGAWA, DEANNA
NISHIMURA, JUNE
OKAZAKI, JEANETTE
OUCHI, DORIS
PA, SOLOMON
PANG-PRESCOTT,
FLORENCE
RICHARDSON, TOSHIKO
ROMANO, VICTORIA
SAITO, CAY
SATO, KICHI
SHIMABUKU, TERI
SHIRAISHI, GARY

SHISHIDO, KEIKO

SNYDER, TSUKIKO
SUEN, LINDY
SUZUKI, BETTY
TAKAHASHI, MURIEL
TAKATA, JOYCE
TAKEUCHI, LILLIAN
TANAKA, SHARON
UECHI, ELSIE
WONG, SHIZU
YANAGA, GRACE
YOKOMICHI, DOROTHY
YONEDA, CHARLENE
YONEMOTO, VIOLET
YUN, JULIANA

Kaleidoscope

Moililli Senior Center Schedule of Special Events November 2016

Days to remember in November:

6 - Daylight Saving time Ends 8 - Election Day - CENTER CLOSED.

11 - Veterans Day - CENTER CLOSED.
24 - Thanksgiving Day - CENTER CLOSED.

			Temai Treas Jo 5th 9 am	* Di * Alz * D * G * Pe	Su
27	20	13	Temari Trash & Treasure Fair JCCH, 5th Floor 9 am - 2 pm 6	abetic Ey heimer's . iabetes A reat Amei * Hosp anut Butt	Sunday
28	Screening: Medication Review 9 am Rm 105 21	14	7	* Diabetic Eye Disease Month * Alzheimer's Awareness Month * * Diabetes Awareness Month * * Great American Smoke Out * * Hospice Month * Peanut Butter Lover's Month *	Monday
29	Seminar: Arthritis Disease 9 am Rm 105	Acupuncture 9 am Rm 207 Seminar: Energy Saving Tips & Rebates 9:30 am Rm 105 Seminar: HMSA Advantage 9:30 am Rm 202	HOLIDAY! Election Day Center closed.	Acupuncture 9 am Rm 207	Tuesday
United Health Care - 11am Rm 104	Seminar: Humana - 9 am United Health Care - 11am Rm 104 23 Seminar:	Excursion: Aloha Swap Meet 8:15 am	Seminar: Humana - 9 am United Health Care - 11am Rm 104 9	2	Wednesday
SCHIISYON SIL	HOLIDAYI Thanksgiving Day Center closed. 24	Craft Workshop: Creations by Amy 9 am 9 am Rm 209 Seminar: Holiday Safety 9:30 am Rm 105 17	Craft Workshop: Kumihimo - Beg 9 am Rm 209	Craft Workshop: Kumihimo - Adv 9 am Rm 209	Thursday
Sove	25	Seminar: Thanksgiving Reflection & Art 9:15 am Rm 105 Movie: "The Legend of Tarzan" 11 am Rm 202 18	HOLIDAYI Veterans Day Center closed.	Exercise Workshop: R&L Chair Exercise with Kikuchi Taiso 9 - 11:30 am Rm 305 Seminar: United Health Care 10 am Rm 104 4	Friday
	26	2016 Mayor's Craft & Country Fair 9 am - 2 pm NBC, Exhibition Hall	12	Craft: Chigiri-e 9 am Rm 202	Saturday

Moiliili Senior Center Class Schedule November 2016

School for Adults - \$60	by McKinley Community	*DOE class - Sumie is provided	Sea brokeral						Begins 10/3 (Roo	5:30 - 6:30 +Spe	(Wei	1:00-3:00 Buyo	(Roo	(Adv.I)	10:15-12:00 Rhyt	(Roo	10:00-10:30 R&L	(Weir	Arthritis	9:00-10:00 Tai C	(Roo	9:00-10:00 Tai C	(Rm 209)	9:00-12:00 Haw'r	Began 2014 (Rooi	8:00-9:00 Beg.	(Rooi	7:30-1:00 Mah-	Monday
\$60	nunity	e is provided	regidor & Akira Goto.	Polities; Program Staff	Fam. Direc	storenly, writt	" " " " " " " " " " " " " " " " " " "	N. W.	(Room 305)	+Spec. Aerobics	Weinberg)	Buyo & Enka	Room 305)	=	Rhythm & Life	Room 105)	R&L Chair Exer.	(Weinberg)	tis	Tai Chi for	(Room 305)	ai Chi (108)	209)	Haw'n Quilt. Bee	Room 305)	Beg. Tai Chi	(Room 207-8)	Mah-Jongg	
Walk-in fee \$5	+Tuition based classes		ra Goto. Paula	gram Staff	Director, Sunday K	store published	ope" is public		12:00-2:30	Begins 1/23	12:00 - 2:30			12:00-1:30	Began 9/15	11:30-1:00		10:00-11:15		10:45-11:45			9:30-11:00		8:30-10:30	FULL		8:00 - 9:30	Tuesday
	classes.		ula	nai-	nior	hed		(Room 209)	Karaoke	(Room 202)	Citizenship	(Room 207)	Shigin	Kenbu Senbu	(Weinberg)	Zumba/PiYo	(Weinberg)	Okinawan Dnc.	(Room 209)	Soroban	(Room 305)	(Int. II)	Rhythm & Life	(Room 209)	Crochet/Knit	(Weinberg)	Line Dancing I	Beginner's	
		12:30 - 3:00		12:00 - 2:00			11:00-12:30	11/2016			10:00-12:30			10:15-11:45	Ends 11/16	9:30-11:30		9:15-10:30		9:00-10:00		9:00-10:00		9:00-11:00		8:00-9:30		8:00-9:00	Wednesday
	(Weinberg)	Kitsuke	(Room 209)	Ohana Karaoke	(Room 305)	(Beg.)	Rhythm & Life	(Room 207-8)	& Oshie	Doll Making	+Jpns/Oknwn	(Weinberg)	Line Dancing II	Beginner's	(Room 209)	*Sumie	(Room 105)	Minyo Danc(Beg)	(Weinberg)	Group Singing	(Room 305)	Tai Chi(108)	(Room 202)	Shodo	(Room 207)	Minyo Singing	(Room 105)	Fall Prevention	
			Mary Street	The Party of the Party			1 15 15 11 11 11 11 11 11 11 11 11 11 11	Began 2/4	2:30-3:30	last Thur, of the month.	Reminder: No class the		1:00-2:30	Begins 1/23	12:00- 2:30		9:30-10:30		9:00-10:30	Closed		9:00-10:30	Began 2012	8:00-9:00		7:30-8:30		7:30-1:00	Thursday
	4		PLOST STATE					(Weinberg)	Zenidaiko	e month.	class the	(Room 105)	Line Dancing	(Room 202)	Citizenship	(Room 202)	Brain Training Begins 1/13	(Room 105)	Ukulele Prac.	(Room 305)	(Adv.I)	Rhythm & Life	(Room 105)	Ukulele (Beg) 9:00-10:00	(Studio)	Yoga	(Room 207-8)	Mah-Jongg	
11/2010	440040		9:30 -12:00	Begins 11/26 (Room 105)		9:30 - 11:00	Saturday			Closed	100	12:00-1:30	Begins 1/13	11:00-12:00		10:00-10:30	Begins 1/13	9:30-10:45	Began 9/30		9:30-12:00			9:00-10:00		9:00-12:00		8:30-10:30	Friday
(Koom Zor-o)	& Ushle	Doll Making	9:30 -12:00 +Jpns/Oknwn	(Room 105)	Auana	9:30 - 11:00 +Adult Hula				(Room 305)	(Int.I)	Rhythm & Life	(Room 303)	Solo Ukulele I	(Room 105)	R&L Chair Exer.	(Room 303)	Solo Ukulele II	(Room 102)	Lei Making	+Ribbon/Croch.	(Weinberg)	Arthritis	Tai Chi for	(Room 207-8)	Painting	(Room 209)	Hanafuda	

COMMUNITY ANNOUNCEMENTS (continued):
2016 MAYOR'S CRAFT AND COUNTRY FAIR, Saturday, November
19, NBC, Exhibition Hall, 9 am - 2 pm. Admission is FREE. MSC will have a

45th ANNUAL THANKSGIVING DINNER, Thursday, November 24, NBC, Exhibition Hall. Doors will open at 11:00 a.m., seating by 11:30 a.m. and dinner will be served from noon to 1:00 p.m.. This event is FREE to the public. No ticket needed. However, tickets are available in the senior office, room 203.

"CHRISTMAS IN HONOLULU" CRAFT FAIR, Saturday, December 3, Palolo Hongwanji, 9 am - 1 pm, FREE admission. MSC will have a booth.

FOX TROT CLASS, Moiliili Community Center, room 105, Tuesdays, 7-8 pm, 6-week class begins January 3, 2017. Sponsored by the Kapiolani Ballroom Dancers of Honolulu Lions Club. Instructors: Richard and Ruby Kazunaga. Cost for entire session: \$24 per person and \$12 per person for Lions Club Members. Payment is due on the first night. Monies collected from the classes are donated to: Wounded Soldiers Project and other community projects.