



Kaleidoscope

June 2018
Vol. XXIX No.6

Moiliili Senior Center * 2535 South King Street * Honolulu, Hawaii 96826 * PH: 955-1555

A Program for those 60 years old and above, living from Ward Avenue through to Hawaii Kai. This program is partially funded by State funds through the Elderly Affairs Division, Department of Community Services, City and County of Honolulu and the State of Hawaii Executive Office on Aging and administered by Moiliili Community Center. MCC - An Aloha United Way Agency

SENIOR CENTER NEWS:

Last month, MCC was again the victim of vandalism; two of our vehicle tires were slashed and our bus windshield was shattered with a rock. Our executive Director, Nadine Nishioka, appeared in our local news stations to share our disappointment and anger with continued vandalism that costs the Center a lot of money to repair damages. By appearing on our local news stations, Nadine hoped to give insights to everyone that vandalism repairs take money away from our various programs. Because our bus windshield was shattered, we contacted Ace Auto Glass, to replace the windshield. The staff was very friendly and quick to respond; the window was repaired in a couple of days. In addition, Grace Tamaye, wife of Ace Auto Glass President, Calvin Tamaye, saw the news and offered to return our payment; an incredibly generous gesture. Thank you very much to Grace Tamaye and Calvin Tamaye.

PARKING ALERT! Summer All-day care for the children at Moiliili Community Center will start on June 1 and end on July 27. There will be limited parking. Please be dropped off, take the bus, or carpool. Also, **YOU** need to be aware of what is happening around you. **THINK OF YOUR SAFETY!!!** Don't be in a rush when being dropped off at the center. Have your driver pull up to the parking lot attendant and the tree, not in the middle of the driveway, in the tunnel, or in front of the ramp. Watch for vehicles backing up - you are NOT stronger, faster, or larger than a vehicle: don't try to walk around the back of the vehicle especially when it is backing up. **BE AWARE! BE PATIENT! BE SAFE!** Thank you.

Thank you to our participants who volunteered to sign wave with us on May 2 for Pedestrian Safety. Seniors, MCC staff, and 4 police officers lined the University Avenue, King Street, and Beretania Street intersection with pedestrian safety signs in hands and waved to the drivers. This was a senior center event which included Lanakila Multi Purpose Senior Center and Waikiki Community Center. We were well received with a lot of honking in support of our efforts.

Congratulations to MSC's Painting & Drawing Class on a successful art exhibit. Comments from people who attended were favorable. Everyone was impressed by the quality of class participants' works. The painting class will also have an exhibit the entire month of July at Hoomaluhia Gardens in their exhibition room. If you have a chance, stop by.

PARKING ISSUES: Drivers, when parking in lined stalls, please park within the stall. If you are over the line, you are taking up

2 stalls. If this happens, staff needs to check classrooms to see where you are and ask you to straighten your car. Also, please do not remove reserved parking space cones. These parking spaces are for volunteer instructors, speakers or special project volunteers. If you move these cones, your teacher/speaker may leave because there are no parking spaces available and then your class/seminar will be cancelled. As a reminder, if you have an afternoon class, please do not park in the covered parking lot if your class goes beyond 2:00 p.m. The Child Care program needs to block off half of the lot for the children before they arrive. We realize parking is tight at the center and we are trying to think of alternatives. If you have any suggestions, please let us know. Thank you for your cooperation.

Thank you to the volunteers who helped sell crafts at MCC's Annual Fundraiser and at the center. Without your help, it would not have been a success. All your special sales techniques added to the sales. Thank you to those who purchased crafts from the senior program. Combined, we made over \$4000.

Ti Leaf Leis for Memorial Day Update

Thank you for your participation in the lei making activities for Memorial Day. Lei 'Ilima will resume craft activities for lei volunteers on August 7, 9:30 a.m. in room 202. August's craft project will be a "Magic Wallet." To reserve your space, sign up in the senior office.

EXCURSION SUGGESTIONS. We need more interesting excursions that can accommodate a large number of people so we can hire a bus. If you have any ideas, please let the senior office staff know so we can try to schedule an excursion.

MAHALO! MAHALO! MAHALO! to performers:

*Niko Niko Genki Taisoo members at Manoa Cottage Care Home.

HELP WANTED: MOILILI COMMUNITY CENTER IS LOOKING TO HIRE DRIVERS.

If you know someone who may be interested, please have them apply in the main office. We are currently looking for an assisted transportation driver for the senior program (No CDL needed) as well as a van driver and a bus driver (CDL) for all programs.

Thank you all for your continued participation in our Senior Center Program. We are one program under the Community Center. We are asking all senior center participants to become members of the Community Center. The annual membership fee is \$35.00 for 2018. Your participation as MCC members help support our endeavors to continue to offer classes, activities and

services. MCC member's benefits: 25% off all purchases of \$10 or more at our "Hidden Treasures" Thrift Store; One Plus One Drive Inn will offer a 10% discount on a purchase of plate lunches; and Subway - Moiliili will offer a 10% discount on any sandwich/salad, excluding special offers. Other exclusions may apply to both places. Just show your current MCC Membership Card to receive your savings. Offers are valid through the end of this year. Mahalo for your support of the Center.

REMINDER!!!! No one from MCC is allowed to park on the 2nd level until further notice. If MSC/MCC members park upstairs, their vehicles will be towed. Thank you for your attention pertaining to this matter.

We would like to thank everyone for their generous donations of goods to the Thrift Store and the Senior Center. Sometimes the main office is inundated with an abundance of goods and it becomes unsafe to walk through the office. For this reason, the main office accepts donations in bulk on Tuesdays and Fridays between 8:00 a.m. - 4:00 p.m. to reduce the congestion in the main office. Thank you for your cooperation.

ATTENTION Seniors! When paying by check for your Moiliili Community Center membership and including a donation to the senior program, please make a note on the membership/donation envelope that the donation is for the Moiliili Senior Center. If you are making a donation to the Community Center, then you do not need to make any notations. Reminder - **ALL** checks must be written to: **MOILILI COMMUNITY CENTER**, not the senior center. Returned checks will be assessed a \$25.00 fee. Mahalo.

Registration Card Update!! \$1.00 charge for every year you have not updated! Cards should be checked annually for current information, especially your emergency contacts, health status, etc. It takes just a few minutes.

Fire & Lockdown Drills: MCC will hold periodic fire and lockdown drills. Please listen to staff for instructions. Thank you.

Your Kokua, please. Your help in maintaining the rooms, emptying waste baskets, turning off lights & fans, and reporting problem areas immediately will help in alleviating further problems. Also, your help in maintaining the restrooms is needed. Only wash your hands in the sink to avoid any clogging. Mahalo.

Senior Helpline phone number 768-7700, for the island of Oahu: They can assist you in finding the resources or information you may need.

DONATION POLICY: Donations are welcomed to help balance our budget: \$2.00 suggested per activity, or \$20.00 per month. **REMEMBER**, this is a suggested amount and is a donation, so if you are unable to, don't worry. Subsidy

monies are available for those interested in participating and find it difficult to pay; see Director. All Senior Center participants are asked to pay the MCC membership fee of \$35.00 for 2018.

Attention all class participants: It is **YOUR** responsibility TO CHECK YOURSELF IN THE CLASS ATTENDANCE FOLDER AND CHECK FOR ANY FLIERS OR ANNOUNCEMENTS, which include last minute notices or other information. All participants **MUST** be registered with the senior office.

MCC NEWS:

THE MOILILI BOOK REPRINTING PROJECT IS DONE. If you pre-ordered a book, please pick it up in the main office.

VOLUNTEERS WANTED: Looking for "responsible", regular volunteers for the Thrift Store, especially for Thursdays, Fridays or Saturdays. If interested, see Bonnie at the Thrift Store.

EXCURSION REMINDER: Excursion participants, please carpool or use the bus to allow parking for those who attend classes. **NO RESERVING SEATS**, except for your partner. Whenever you are going from one place to another, please return to your original seat. All participants must remain with the bus as the bus pick-up point will be determined by the driver. **DO NOT** ask to be dropped off somewhere else or along the way. If you plan to leave the group at some point, let your Escort know. Also, each participant must have an updated registration. If there are any special needs, please let the staff know about it before the excursion.

A REMINDER: Sign up for any of the special activities noted, such as seminars, workshops, and excursions. Activities may be canceled due to lack of interest or at speaker's request, and only those on the list would be notified. Also, if you have any suggestions or ideas for activities, please submit information to the senior office.

ACTIVITIES, SPECIAL EVENTS & EXCURSIONS

- *Sign up for all excursions, seminars, workshops, special events, etc. in person. **NO** phone reservations.
- *Sign up for you and your spouse only.
- *Call for cancellations. **NO REFUNDS** for late cancellations.
- *Payments for excursions due one week prior.
- *Those needing assistance must bring a companion.
- *Seminars and workshops are scheduled to provide education and information and do not constitute an endorsement of a product or company by the center.

MOVIE: "THE 15:17 TO PARIS" (2018)
(1-hr. & 34 mins., DVD, Biography, Drama. Rated PG-13

for bloody images, violence, some suggestive material, drug references and language.)

Starring Alek Skarlatos & Anthony Sadler. A true story about three Americans who discover a terrorist plot aboard a train while in France.

Date: Friday, June 22 Time: 12:15 p.m.
Place: MSC, room 202 Cost: Donation

CRAFT WORKSHOP: CHIGIRI-E

The Japanese style of doing a collage picture by tearing washi paper to form. Workshop for all ages and levels. LIMIT: 12.
Date: Saturday, June 9 & July 7 Time: 9:00 a.m.

Place: MSC, room 202 Cost: Supplies

CRAFT WORKSHOP: KUMIHIMO

Traditional Japanese art of braiding cord; can be used with a pendant or other decorative ways. Beginners learn basic braids; Advanced do own project. LIMIT: 10 per class.

Date: Thursday, June 7 (Adv)
Thursday, June 14 (Beg) Time: 9:00 a.m.
Place: MSC, room 209 Cost: Supplies

SEMINAR: LET'S TALK ABOUT HIGH BLOOD PRESSURE

Join Anne Chipchase of 'Ohana Health Plan, for her monthly talk story session on high blood pressure.

Date: Friday, June 15 Time: 9:15 a.m.
Place: MSC, room 105 Cost: Donation

SEMINAR: STRESS AWARENESS

Attend this seminar and hear from the experts on stress awareness. Please join Attention Plus Care as they host another Aging in Hawaii Seminar. Call 440-9356 to RSVP.

Date: Tuesday, June 19 Time: 9:00 - 10:30 a.m.
Place: MSC, room 105 Cost: Donation

SEMINAR: PEDESTRIAN SAFETY

Dana Teramoto from the Department of Transportation, along with police officers, will talk to you about pedestrian safety. They will go over pedestrian safety tips such as daylight safety; night time visibility; review of pedestrian citations (jaywalking, using the cell phone in a crosswalk); review of driver citation when a pedestrian is walking across a street; and bus safety tips. This is your chance to get your questions answered. Blinks will be distributed to attendees.

Date: Tuesday, June 26 Time: 9:30 a.m.
Place: MSC, room 105 Cost: Donation

EXCURSION: 100TH INFANTRY BATTALION VETERAN'S EDUCATION CENTER

Join us as we take a guided tour of the education center. Find out the history of the battalion and see artifacts from WWII. Lunch on your own at Kapahulu Shopping Center. MAXIMUM: 14 people.

Date: Thursday, June 21 Departure Time: 9:15 a.m.
Return Time: 12:30 p.m. Trans. Donation: \$2.00

CLASS/ACTIVITY ANNOUNCEMENTS:

Sign up Senior Office, rm. 203

CLASS NOTICE:

- * Tai Chi for Arthritis Class - No class on June 1 & 8.
 - * Soroban - Class will resume September 4.
-

NEW CLASS: KARA-EXERCISE FOR GOOD HEALTH.

Wednesdays, 1:00 - 2:00 p.m., room 305. Class begins June 6. KARA stands for Karaoke and this class is a combination of group singing while doing Rhythm & Life chair exercise together. Instructor: Faye Murata & Niko Niko Genki Taiso Instructors.

SOLO UKULELE I & II; Classes begin Friday, July 6. Classes are in a 19-week session, room 202. SUI - 11:00 - 12:00 p.m.; SUII (must complete SUI and instructor must approve advancement.) - 9:30-10:45 a.m. Inst: Allen Tanabe. Learn to read music and play the melody. Must have own ukulele & dedication to practice. Cost: \$20 for text book & \$10 is due at the beginning of the course to cover the cost of music notes, music sheets and additional study materials. Other optional fees will be announced if the need arises. See information sheet for required materials. Minimum: 3 students per class

NEW CLASS: BEGINNER'S LINE DANCING for HEALTH, Thursdays, 9:30 - 11:30 a.m., Weinberg Studio. **Class began May 10.** Why take line dancing? Isn't that outdated? Guess what. Line Dancing may surprise you with all it has to offer. It is fun, good exercise, and beneficial to your mental/physical health. Line dancing will: teach you to dance; improve your balance; potentially to reduce the risk of Alzheimer's disease and other forms of dementia; teach you basic footwork; improve your confidence; provide you with a dance outlet whether you have a partner or not; provide you a way to practice; and improve your social life. **NO ADVANCE DANCES** in this beginning-paced class. We dance to a wide mix of music styles including country, pop, and big band. Come and meet some great people. Wear soft-soled shoes and bring bottled water. Instructor: Amy Toba.

NEW CLASS: AEROBIC & TONING EXERCISE WITH MURIEL. Tuesdays & Thursdays, 2:00 - 3:30 p.m., room 305. Currently the class follows exercise CDs. **BRING:** water, mat, & towel. Since this is an afternoon class, please do not park under the covered parking lot. The Child Care program uses that area for their program and if one car is parked there, they cannot use the area for the children. Instructor: Muriel Takahashi.

ZUMBA GOLD: with Dr. Susan Nishida. Tuesdays, 9:30 - 10:30 a.m., room 105. Class will meet in room 105 when there is no seminar scheduled. When there is a seminar scheduled in room 105, then we will meet in room 207-8. Please check monthly calendar.

***Adult Hula Auana** with Kumu Hula April Chock. Began 4/28, 10 weeks, Saturdays, 9:30 a.m. - 11:00 a.m., room 105. Learn

modern hula. Wear loose clothing. Class Cost: \$20 - MSC seniors; \$35 - MCC members.

***Japanese/Okinawan Doll Making, Oshie & Kimekomi** with Masako Ogawa. 6-week class begins Saturday, 6/9, 9:30 a.m. - noon and Wednesday, 6/13, 10:00 a.m. - 12:30 p.m., room 207-8. An impressive array of projects to choose from. Bring: pins & scissors. Supplies/kit payable to instructor the first day of class. Class Cost: \$35 - MSC seniors; \$40 - MCC member. Need to pre-register.

***Ribbon/Crochet Lei Making** with Coryn Tanaka. Began 5/4, 10 weeks, Fridays, 9:30 a.m. - noon, room 102. Bring sharp pair of scissors, ruler, container, and ballpoint pen. Supplies payable to instructor. New students must register before the session starts. Class Cost: \$20 - MSC seniors; \$30 - MCC members.

***Specialized Aerobics** with Faye Fukuhara. Mondays, 5:30 p.m. - 6:30 p.m., room 305, 10-week session began Monday, 4/9. Excellent class for all ages, focuses on cardio exercise, muscle tone, range of motion, warm-ups, floor exercises, and cool downs. Bring towel & water. Class Cost: \$30 - MSC & MCC members.

CLASS REMINDER: Do not enter the classroom until the previous class has vacated. Those in class, gather your belongings & exit quickly to allow for the next class to set up. Visit with friends outside, not in the classroom.

LANAKILA MEALS-ON-WHEELS AT MCC

LMOW serves hot and nutritious meals at the Center Mondays through Fridays, at 11:00 a.m. There is no charge for meals. Participants are given an opportunity to make a donation to the program and all contributions are used to support Lanakila Meals on Wheels program. Participants must be registered and members of the Moiliili Community Center. To register for this program, see Gerath in room 105.

MCCTHRIFT STORE

Thrift Store: Open Tuesday - Saturday, 10:00 a.m. - 3:00 p.m. Drop off donations when store is open. *Note: MCC members get 25% discount with purchase of \$10 or more.

Our wishes to our **June** birthday participants.

BEREAN, THERESA
BONNEY, HAZEL
CABRAL, ERNA
ENOMOTO, PATRICIA
FUKUDA, HISAKO
GOO, RONALD
GRAFF, ELEANOR
GUM, LAURETTA
HASEGAWA, FAYE
HIGA, MABEL
HORIUCHI, HAROLD
HORSTMAN, PHYLLIS
ISHII, JUNE
KANESHIRO, HILDA

KANESHIRO, LINDA
KIKUTA, HENRIANN
KITAGAWA, GRACE
KODANI, IRENE
KON, BETTY
LEE, LYDIA
LEE, MAY
LUM, YVETTE
MAEDA, CLYDE
MALIVUK, KARL
MARTIN, HANK
MASUDA, PONCHO
MATSUMOTO, TERUKO
MIHARA, AMY

COMMUNITY ANNOUNCEMENTS:

VOLUNTEER WANTED: MCC staff member is looking for someone to sew a blanket made out of her recently deceased companion's T-shirts. If interested, please see senior program staff.

SOCIAL DANCE CLASS. The Kapiolani Ballroom Dancers of Honolulu Lions Club will begin a six weeks MERENGUE class on June 12. Class meets every Tuesday from 7:00 until 8:00 p.m. in room 105. Merengue is a simple dance which requires traveling in a marching movement to every 4/4 beat; you will be able to use these steps for many of the other different dances. The instructors are Richard and Ruby Kazunaga. The cost for the session is \$24 per person and \$12 per person for Lions Club members. Join us in a fun filled class, meet friends, and get some exercise at the same time.

REAL PROPERTY TAX CREDIT FOR HOMEOWNERS. The City & County of Honolulu offers real property tax credit to property owners who meet certain eligibility requirements. Applicants who qualify are entitled to a tax credit equal to the amount of taxes owed for the current tax year that exceed 3% of the titleholders' combined gross income. Tax credit will be applied to next year's taxes. Annual filing is required for this credit. The Eligibility Requirements are as follows: Homeowner must have a home exemption in effect at the time of application and for the subsequent tax year; any of the titleholders do not own any other property anywhere; and the combined income of all titleholders cannot exceed \$60,000. Applications will be available from July 1 at the following locations: All Satellite City Halls on Oahu; Treasury Division at 530 South King St., Room 115; Tax Relief Section at 715 South King St., Room 505; and online @ <http://www.honolulu.gov/cms-bfs-menu/site-bfs-sitearticles/6416-treasury-division.html>. The application deadline is October 1. For more information or assistance, contact the Real Property Tax Relief Office at 768-3205. Information furnished is subject to change without notice.

SENIOR HEALTH & WELLNESS FAIR, Friday, June 15, 9:00 a.m. - 11:00 a.m. at Lanakila Multi-Purpose Senior Center. FREE event filled with fun and educational activities. For more information, call 847-1322.

MURAKAMI, NANCY
MURRAY, MIMI
NAGAMI, MACHIKO
NAITO, CARL
SAKAMOTO, NANCY
SATO, JANE T.
SATO, SETSUKO
SHEPHERD, CATHERINE
SHIMABUKURO, RICHARD
SHIOHIRA, JEANETTE
SHIRAIISHI, ANNETTE
SUEHISA, MICHIKO
TAKAMURA, ITSUKO
TAKARA, RICHARD
TAKESHITA, EDNA
TAMURA, JEANNE

TANABE, ALLEN
TANAKA, ETSUKO
TERAMOTO, CYNTHIA
TERUYA, KATHLEEN
TSE, SILVIA
TSUKAMOTO, SACHIE
UYETAKE, JUDITH
WADA, EDNA
WATAI, MARIE
WOLFF, MARION
WONG, FLORENCE
YAMADA, EVELYN
YOSHIOKA, EVELYN
ZUKEMURA, NANCY

Moliili Senior Center Class Schedule June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
7:30-1:00 Mah-Jongg (Room 207-8)	8:00 - 9:30 Beginner's Line Dancing I (Weinberg)	8:00-9:00 Fall Prevention (Room 105)	7:30-1:00 Mah-Jongg (Room 207-8)	8:30-10:30 Hanafuda (Room 209)
7:30-8:00 Tai Chi w/ Fan & Sword (Room 305)	FULL 8:30-10:30 Crochet/Knit (Room 209)	8:00-9:30 Minyo Singing (Room 207)	7:30-8:30 Yoga (Studio)	9:00-12:00 Painting (Room 207-8)
Began 2/5 (Room 305)	9:00-10:30 Rhythm & Life (Room 209)	9:00-11:00 Shodo (Room 202)	8:00-9:00 Rhythm & Life (Beginner) (Room 305)	9:30-12:00 +Ribbon/Croch. Lei Making (Room 102)
8:00-9:00 Beg. Tai Chi Began 2014 (Room 305)	9:00-10:30 Rhythm & Life (Adv. II) (Room 305)	9:00-10:00 Tai Chi(108) (Room 305)	Began 3/1 (Room 305)	Began 5/4 (Room 102)
9:00-10:30 Card Games Began 9/2017 (Rm 202)	Closed. 9:30-10:30 Zumba Gold (Room 105)	9:00-10:00 Group Singing (Weinberg)	8:00-9:00 Ukulele (Beg) (Room 105)	9:30-10:45 Solo Ukulele II (Room 202)
9:00-12:00 Haw'n Quilt.Bee (Rm 209)	6/5 & 12 (Room 105)	9:00-10:00 Group Singing (Weinberg)	9:00-10:30 Rhythm & Life (Adv. IV)	Began 1/19 (Room 202)
9:00-10:00 Tai Chi (108) (Room 305)	6/19 & 26 (Room207-8)	9:15-10:30 Minyo Danc(Beg) (Room 105)	9:00-10:30 Rhythm & Life (Adv. IV)	10:00-10:30 R&L Chair Exer (Room 105)
9:00-10:00 Tai Chi for Arthritis (Weinberg)	10:00-11:15 Okinawan Dnc. (Weinberg)	9:30-11:30 *Sumie (Room 209)	Closed (Room 305)	10:00-11:00 Tai Chi for Arthritis (Weinberg)
10:00-10:30 R&L Chair Exer. (Room 105)	Began 9/19 (Weinberg)	Begins 9/12 (Room 209)	9:00-10:30 Ukulele Prac. (Room 105)	11:00-12:00 Solo Ukulele I (Room 202)
10:15-12:00 Rhythm & Life (Adv. IV)	10:30-12:00 Rhythm & Life (Beginner I) (Room 305)	10:15-11:45 Beginner's Line Dancing II (Weinberg)	9:30-11:00 Beg. Line Dnc. for Health (Weinberg)	12:00-1:00 Beginner's Buyo & Enka (Weinberg)
10:00-10:30 Rhythm & Life (Room 105)	Closed.	10:00-12:30 +Jpns/Okwn Doll Making & Oshie (Room 207-8)	Began 5/10 (Weinberg)	12:00-1:00 Buyo & Enka (Weinberg)
12:00-3:00 Buyo & Enka (Weinberg)	10:45-11:45 Soroban (Room 209)	10:00-12:30 +Jpns/Okwn Doll Making & Oshie (Room 207-8)	9:30-10:30 Brain Training (Room 202)	12:00-1:30 Rhythm & Life (Adv. III) (Room 305)
5:30 - 6:30 +Spec. Aerobics Began 7/2 (Room 305)	11:30-1:00 Zumba/Plyo (Weinberg)	Begins 6/13 (Room 207-8)	10:30-12:00 Rhythm & Life (Adv. V) (Room 305)	Closed.
	12:00 - 2:30 Citizenship (Room 202)	11:00-12:30 Rhythm & Life (Inter. I) (Room 305)	Closed.	
	12:00-1:45 Karaoke (Room 209)	12:00-2:30 Ohana Karaoke (Room 209)	12:00-2:30 Citizenship (Room 202)	
	12:00-1:00 Kenbu Senbu Shigin (Room 207)	12:00 - 2:00 Ohana Karaoke (Room 209)	1:00-2:30 Line Dancing (Room 105)	
	2:00 - 3:30 Aerobic/Toning w/ Muriel (Room 305)	12:00 - 3:00 Kitsuke (Weinberg)	Reminder: No class the last Thur. of the month.	
		1:00 - 2:00 Kara-Exercise for Good Health (Room 305)	1:00 - 2:00 Zenidako (Weinberg)	Saturday 9:30 - 11:00 +Adult Hula Auana (Room 105)
		Begins 6/6 (Room 305)	2:00 - 3:30 Aerobic/Toning w/ Muriel (Room 305)	Begins 7/7 (Room 105)
			2:30 - 3:30 Zenidako Beginners (Weinberg)	9:30 -12:00 +Jpns/Okwn Doll Making & Oshie (Room 207-8)

BASIC COMPUTER CLASS FOR SENIOR CITIZENS, "Seniors Helping Seniors" Senior citizens are invited to sign up for a free 2-hour computer class to learn basic computer concepts that include: e-mail, use of the internet, composing documents, and just having fun being comfortable with computers. Volunteer Instructor: Mr. Allen Liang, and Volunteer Coordinator: Rene Mansho. Reservations are required. You must call Rene @ 528-7388. Classes run Mondays through Fridays until August 16 (Aloha Luncheon). Classes will not be available on June 1, 7, 8, 21, 28, July 2 - 6,

10, 26, August 8-10, & 13. Time: 9:00 - 11:00 a.m. & 12:00 - 2:00 p.m. Place: Great Aloha Run Carole Kai Charities, Inc. Office, 418 Kuwili Street, Suite 102, Honolulu, Hawaii 96817. Reservations: Call Rene Mansho at 528-7388 or e-mail: rene@greataloharun.com. Classes are 2 hours for beginners, and Intermediate classes will be offered after mastery of basic skills is demonstrated. Sponsored by: the HPH Great Aloha Run, Tsuchi Foundation, and Harry & Jeanette Weinberg Foundation Computer Center.